



**U.S. NAVAL
SEA CADET CORPS**
CHART YOUR COURSE

Welcome Aboard for Summer 2018 Scuba Training!

Scuba is a training designed to certify new student divers in both Basic and Advanced Open Water certification by PADI certified instructors.

Cadets will learn:

- Equipment Assembly and Disassembly
- Pre Dive Safety checks
- PADI 5 Point descent
- Mask clearing, regulator recovery & Emergency Ascent
- Buoyancy control
- Air Depletion
- Hand Signals
- Scuba unit removal & replacement on the surface
- Navigation (Advanced diver)
- Deep Dive to 100' (Advanced diver)
- Night Dive

Location and Dates

LOCATION: Onboard a Dive Boat around Catalina Island, CA

TRAINING DATES:

- July 7 – 13, 2018
- Cadets traveling by private vehicle will arrive on Saturday, July 7, at 8:00 AM at the Los Alamitos Army Reserve Center and depart the Cee Ray Dive Boat, 555 Pico Ave., Long Beach, CA, on Friday, July 13, at 11:00 AM.
- Cadets arriving by air, train, or bus will arrive the day before, July 6.

Go to page 3 (or click [here](#)) for more information on Arrival/Departure and travel.

How to Register

1. Have your unit register you on Magellan.
2. Once we see the registration, we will confirm.
3. Within 48 hours of confirmation, you MUST do the following to be approved:
 - Submit the Additional Information Form on our website, www.nscpsw.org. Click [here](#) to link directly to that form.
 - Pay for training and shuttle (if using) at our online store. Click [here](#) to link there.
 - Submit the Medical Supplemental Form, if you will be taking meds at training (attached at the end of this letter).
 - Submit the ADA Accommodation Form, if you will need an accommodation at training.

Go to page 2 (or click [here](#)) for more information.

DRIVING TO AND/OR FROM TRAINING?

Check in: Saturday, July 7th, at 8:00 AM at Los Alamitos Army Reserve Base, Bldg. 4, Los Alamitos Blvd. one block south of Katella Ave, Los Alamitos, CA 90720.

Check out: Friday, July 13th at 11:00 AM at Cee Ray Dive Boat, 555 Pico Ave., Long Beach, CA 90802.

JOIN OUR FACEBOOK GROUP!!!

A majority of our communications, videos, files and updates will be posted on our Scuba group page:

<https://www.facebook.com/groups/1451434991770098/>

All attending cadets and families **MUST** join this group!

NOTE: This training requires **WRITTEN** proof of Class 2 Swimmer. Signed swim quals (NSCTNG015, dated within 6 months of the start of training) must be uploaded to Magellan or sent to admin@nscpsw.org prior to the start of training or **ORDERS WILL BE RESCINDED.**

ALL THE OTHER STUFF YOU NEED TO KNOW

- **[TRAINING OBJECTIVES AND EXPECTATIONS](#)** – page 5
- **[PREPARING FOR TRAINING](#)** – page 6
- **[DURING TRAINING](#)** – page 6

REGISTERING FOR TRAINING

To get an APPROVED slot at the training, you **must**:

a. Have your unit's training officer register you on the MAGELLAN system. We will confirm upon initial entry into Magellan if space is available but must receive the following **within 48 hours** or registration will revert to Submitted status:

- 1) Payment of fees made at <https://mkt.com/nscpsw>.
- 2) Completion of the SUPPLEMENTAL REGISTRATION FORM at www.nscpsw.org.
- 3) Submission of Medical Supplemental Form and/or Request for Accommodation if either are needed.

NO ORDERS WILL BE APPROVED UNTIL ALL 3 PARTS ARE COMPLETE!!!

b. Have your unit upload a copy of your completed and signed NSCTNG001 to MAGELLAN. The original should be placed in your service record, which you will bring to training.

c. If you will be taking any medication, scan/email (or upload to MAGELLAN) a copy of the Page 7/8 Medical Supplemental Form. Your unit's officers will help with this. **We will not approve your space until your meds have been approved as appropriate for this training.**

d. Send us any ADA Request for Accommodation well in advance for review, subject to approval. An approved Request for Accommodation at the home unit **does not automatically apply at the training.** Your unit's officers will help with this. **Your request must be approved before we can approve you in your training.**

PAYMENT: Payment for training fees, as well as airport shuttle fees, can be made at our website, www.nscpsw.org. Click on Summer Training and then follow Step 4 to connect to our online store.

Important! Please include the following information as a note when completing your payment: Cadet's first and last names and the name of the unit they belong to. Parents often have last names that are different from the cadets; how are we to know for whom you are paying if you don't tell us in a note? For this reason, we encourage you to complete payment on a computer, not a phone, so that you don't miss this important step. Please submit one payment at a time with the requested information.

In accordance with NSCC regulations, training deposits are **NON-REFUNDABLE**.

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REPORTING AND TRAVEL

REPORTING UNIFORM is Civilian clothes.

AT CHECK IN YOU WILL TAKE THE PRT AND CLASS II SWIM TEST. YOU SHALL PASS YOUR SWIM TEST AT CHECK IN. IF YOU FAIL ANY PORTION OF THE SWIM TEST, YOU SHALL NOT GO ON THIS TRAINING AND NO REFUNDS WILL BE GIVEN.

Swim Qualifications To Be Tested

100-yard swim:

- 25 yds. front crawl
- 25 yds. breaststroke
- 25 yds. backstroke
- 25 yds. elementary backstroke

10-minute Prone Float or Back Float

REPORTING TIMES:

- **CADETS ARRIVING BY PERSONAL VEHICLE:**

Cadets arriving by personal vehicle should report at **08:00 AM on Saturday, July 7, 2018**. Please allow at least an hour for the check-in process. **PARENTS MUST REMAIN ONSITE UNTIL THEIR CADET HAS CLEARED ADMIN AND PRT/SWIM TEST IS COMPLETE!!!!**

- **CADETS ARRIVING BY COMMERCIAL CARRIER:**

All cadets flying to training should plan to arrive at **LAX INTERNATIONAL AIRPORT on Friday, July 6th, NO LATER THAN 6:00 PM, and depart on Friday, July 13th, no earlier than 2:00 PM (unless other arrangements have been made).**

GUIDELINES FOR COMMERCIAL TRAVELERS:

ALL PERSONNEL TRAVELING BY COMMERCIAL CARRIER ARE TO REPORT IN CIVILIAN CLOTHES.

YOU MUST PROVIDE A COPY OF YOUR FLIGHT/TRAIN/BUS ITINERARY to admin@nscpsw.org no later than 01 JUL 18 but it is not necessary to provide this information when you register.

Airline travelers will be transported by shuttle service to and from Long Beach for a \$30 fee each way (fee should be included with registration – if you didn't include with registration or want to add, please see shuttle note below for how to pay or contact admin@nscpsw.org with any questions). The shuttle will depart the USO at the LAX airport at 7:00 pm on July 6th, so please plan accordingly in order to minimize your wait time until the shuttle leaves. **MAKE SURE YOU HAVE EATEN DINNER BEFORE YOU GET ON THE SHUTTLE!**

PLEASE NOTE: We cannot accommodate cadets traveling "unaccompanied minor," which is a term the airlines use that means that a specifically named adult would have to meet the cadet at their gate. If this was your intention, please contact LCDR Manoogian at srd@nscpsw.org to discuss **PRIOR** to booking any tickets.

Parents are reminded that training dates can change depending on the needs of the training and should book airfare as "refundable/changeable." This is also advised in case we have to send your cadet home early. We recommend that, should you choose not to purchase refundable fares, you purchase travel insurance. We cannot be responsible for fare increases due to unforeseen changes in the training schedule.

SHUTTLE NOTE FOR AIRLINE TRAVELERS: This is a privately scheduled shuttle for our cadets and staff only. You **MUST** reserve a space through us and pay in advance for the shuttle as the driver will **NOT** accept cash the day of arrival. Payment can be made at our website at the same place where you pay for training.

Upon arrival at the LAX airport, you will proceed to the USO (across from Terminal 1). They will have a list of our arrivals so please check in with them. Our private shuttle is scheduled to depart around 7:00 pm. Depending on the time of your arrival, you could have a long wait so be prepared! **MAKE SURE THAT WE KNOW YOUR TRAVEL PLANS!!!** If you should encounter delays en route, please call 805-889-7399 or 619-244-5534 and let us know.

WHEN YOU ARRIVE: In your possession should be your service record, valid ID and a complete Sea Bag. **No cadet may report aboard without a complete service record** with all signatures properly executed on all

relevant portions of the NSCADM001 form (Cadet Application, Medical History, Medical Exam) and NSCTNG001 (Request for Orders). Also, a SUPPLEMENTAL HEALTH HISTORY (Page 7/8 of NSCADM001) form should be included if taking or using over-the-counter or prescription medications.

INDIVIDUALS SHOULD CARRY THEIR OWN SERVICE RECORD.

DEPARTURE: All cadets who are not commercial travelers will be available for pick-up at 11:00 AM on the last day of training, Friday, July 13th. There will be a short ceremony for parents at that time.

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TRAINING OBJECTIVES AND EXPECTATIONS

TRAINING OBJECTIVES: Our objectives and purpose for offering this training evolution are:

- To provide training in a specific subject(s) for those Cadets attending training.
- To provide professional training to NSCC Officers and NSCC Staff Cadets so as to allow them the opportunity to utilize their abilities in a supervised military environment.
- To promote the highest level of training that is consistent with NLCC/NSCC National Goals with an atmosphere of respect, support, and esprit de corps.

SAFETY: Safety is our #1 priority. The success of this evolution depends on the safety of all personnel. This will be accomplished by the following methods:

- Accountability – This is achieved by knowing where our people are at all times and what they are doing. Each individual will act in a responsible manner.
- By always being alert to possible hazards and taking appropriate action to prevent possible harm to any personnel under our care.
- By making safety everyone's responsibility, from the cadet to the Commanding Officer. If any person feels their safety is about to be compromised, that person will bring it to the attention of the chain of command.

CODE OF CONDUCT/HAZING/FRATERNIZATION: Please review the attached CODE OF CONDUCT. This code will be the basis for a quality training experience. Furthermore, there is a **ZERO TOLERANCE** for hazing and/or fraternization. This includes bullying, use of foul language, and any negative behavior that takes away from a safe and positive training environment.

TRAINING LOCATION: On Saturday and Sunday we will conduct academics and pool work with your scuba instructors at Los Alamitos. On Sunday evening July 8th, we will march down to the boat dock and board our Dive Boat, the Pacific Star, and meet the crew and get settled in. Early Monday morning the boat will depart from the San Pedro Harbor and sail to Catalina Island for the rest of the week of Scuba Diving. This boat is a Live-Aboard boat and we will not dock anywhere on the Island for the whole week. All accommodations will be handled by the boat and crew.

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PREPARING FOR TRAINING

CADET PREPARATION: All cadets need to understand that this is a TRAINING evolution. Each individual will be asked to do things that are challenging and different from “the way I’ve always done it.” To prepare for this evolution, each person should:

- Swim! You should be an excellent class II swimmer in order to attend this training. All dives will be at sea when conditions can change at any moment. If you are uncomfortable in the pool during the check in process, you will not be comfortable during training. **COTC HAS SOLE DISCRETION TO TERMINATE A CADET FOR SAFETY CONCERNS.**
- Do physical training. Push-ups, sit-ups, and running are a good way to start. Physical training is included in the cadet-training curriculum.
- Pack their sea bag. This will help in knowing what has been brought to training. Each cadet will be 100% responsible for their own belongings.

SCUBA SIZE MEASUREMENTS: We need your scuba size measurements before June 8th, as our supplier needs to order from the manufacturer in order for you to have your gear on time. Click [here](https://goo.gl/forms/4baG8L5L0LZcBQY52) for your input or go to <https://goo.gl/forms/4baG8L5L0LZcBQY52>.

PHYSICAL READINESS TEST (PRT): You must pass both the PRT and Class II swim test at check-in.

HAIRCUTS: All male cadets must arrive to training with a #1 haircut. Please wait until just before the training to get your hair cut because if it is not a #1, you will not be admitted to the training.

MEDICAL RESTRICTIONS: Trainees with pre-existing medical conditions that will affect a safe training environment cannot be allowed to participate. While we want cadets to complete their training, safety is our first concern.

Medications prescribed or over-the-counter **are** permitted. **If your cadet will need to take ANY medications, a Supplemental Medical History (Page 7/8) which is included in this packet must be completed and approved prior to registering for training.** Please bring medications in the original container and place them in a baggie and include a copy of this form, which **MUST** be signed by a medical professional if any of the medications are prescription. **Discontinued use of required medication is not advised.**

The final determination of participation in training due to a medical condition lies with the Commanding Officer, based on NSCC Regulations.

DURING TRAINING

CADET MAIL: Due to the logistics of this training, we will be unable to accept incoming mail.

NO CELL PHONES ALLOWED FOR ANY CADETS. Cadets traveling by commercial carrier may bring a cell phone to stay in contact with family until arrival. These cell phones will be secured during training and returned to cadets for their return travel. Failure to turn in cell phones or using cell phones during training will be grounds for dismissal.

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QUESTIONS/CONCERNS: Your unit CO is the first person who may be able to answer questions or concerns. They have been sent a copy of this information letter. If you still have questions, please e-mail to question@nscpsw.org.

We look forward to your cadet having a positive training experience. Welcome Aboard!

LCDR Vahan Manoogian, NSCC
Commanding Officer
srd@nscpsw.org

LCDR Randy Montrose, NSCC
Scuba Training OIC
randymontrose@gmail.com

Attachments:

- a) Sea Bag List
- b) Code of Conduct
- c) Standing Orders
- d) Medical History Supplemental for Training Authorization, Consent and Release

SEA BAG LIST - SCUBA TRAINING

NOTE TO PARENTS: Your cadet is responsible for packing his/her sea bag. Please inspect their sea bag for the following items. ALL SEABAG ITEMS MUST BE MARKED WITH CADET'S NAME! APPROPRIATE civilian attire ONLY. No short-shorts, cut-offs, revealing or offensive clothing - if you wouldn't wear it to church or in front of your grandparents, DON'T wear it here.

PLEASE NOTE: THIS IS A NON-UNIFORM TRAINING! A SEABAG INSPECTION WILL BE CONDUCTED DURING CHECK-IN. IF YOU DO NOT HAVE ALL REQUIRED ITEMS, PLEASE OBTAIN ALL NEEDED ITEMS BEFORE YOU LEAVE HOME!

X	AMT	ITEM	X	AMT	ITEM
		MISC. CLOTHING ITEMS			PT CLOTHES
	8	Sets of underwear (Males: Boxers OK)		2	Pairs PT shorts
	1	Bathrobe/shower wrap (optional)		2	T-shirts
	1	Pair of flip flops/shower shoes		3	Pairs of white athletic socks
	1	Warm jacket (it is cold on the water)		1	Pair of athletic shoes (for PRT test)
	1	Pair small silver ball earrings (optional, females only)		2	Athletic bras (females)
	1	Pair of deck shoes (similar to Van's with flat, non-slip soles)			Any braces (knee, ankle, etc.) you currently use
	1	Swimsuit (MALE: Speedo, Dolphin, Jammers)		2	Pair of sweats (top and bottom)
	1	Swim trunks (MALE: for non-dive activities)			
	1	Swimsuit (FEMALES: one piece suitable for wear under wetsuit)			
	4	Shirts, Civilian - T-shirt or collar, non-offensive, good repair			
	2	Board shorts (civilian)			
	1	Pair civilian pants - NO JEANS!			HYGIENE ITEMS
	1	Gloves (for warmth)		1	Tube of SPF 45 or greater sunscreen
	1	Hat (wide-brimmed)		1	Chapstick
				2	Bath towels
				2	Beach towels

		OTHER		2	Washcloths
	1	Small backpack or similar bag		1	Hand soap (small pump bottle)
	1	Sea bag		1	Hand sanitizer (kept in uniform pocket)
	1	Sleeping bag and pillow		1	Shampoo
	1	Blanket (OPTIONAL, if you get cold)		1	Toothbrush/toothpaste
	1	Chain to wear lock key around neck		1	Soap
	1	Camera (optional but highly recommended)		1	Shaving gear
	1	Dive knife (optional, at COTC discretion after inspection prior to boarding vessel)		1	Deodorant
	1	Sewing kit		1	Comb/brush
	1	Mesh laundry bag			Feminine products (females)
	1	Small flashlight			Pins, rubber bands, gel to secure hair (females)
	1	Lock with 2 keys (one in service record)			
		Spending money (cash only - \$50-75)			
		Religious materials (optional)			

CONTRABAND!!! THE FOLLOWING ARE PROHIBITED (DO NOT BRING):

Make-up and perfumes/colognes

Controlled substances

Pornographic materials

Electrical appliances

Aerosol cans (e.g., hairspray, shave cream)

Weapons

Matches/lighters

Tobacco products

Glass containers

Jewelry (exc: small silver ball earrings for females)

****NOTE: Any contraband items brought by mistake must be turned back to the adult escorting to training.**

****NOTE: CELL PHONES – commercial travelers may turn in during check-in; these will be returned on departure day.**



UNITED STATES NAVAL SEA CADET CORPS
Headquarters & Service Company
Summer Training Command
Marine Corps Base, Camp Pendleton, CA

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CODE OF CONDUCT

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So that this command and all its personnel may effectively work together as a team in a safe environment conducive to learning and esprit de corps, we have established the following Code of Conduct. It will govern all our behavior, from the Commanding Officer to the most junior Cadet. All personnel, cadets, and staff:

1. Will conduct themselves in a professional and military manner so as to bring credit to themselves, their home unit, the United States Naval Sea Cadet Corps, and the United States Navy.
2. Will not use vulgar, profane, humiliating, or racially/ ethnically slanted language or address to one another.
3. Will not threaten, or attempt to do bodily harm to one another.
4. Will not take, obtain, or withhold by any means, the property, money, or other articles of value from another.
5. Will not introduce with the intent to use, sell, transfer, or distribute any amount of illicit drugs or paraphernalia, alcoholic beverages, or tobacco products.
6. Will not engage in collection, soliciting, or distributing funds of any kind except as authorized by the command.
7. Will not willfully damage or destroy any government or personal property.
8. Will refrain from physical contact, hand-passed notes, or romantic interludes that are prejudicial to good order and discipline.
9. Will speak to or about each other in a respectful manner. There is to be no arguing, gossiping, backbiting, teasing, or other language deemed unacceptable.

Failure to abide by this Code of Conduct and other guidelines established by the Commanding Officer may result in disciplinary action, extra military instruction (EMI) or dismissal from training.

All reported violations of this Code of Conduct will be investigated. Accusations determined to be knowingly false will carry the same penalty as the violation itself. Summer Training Command, Camp Pendleton, CA is *not* the place to joke around. Don't forget where you are and what you're here for.

This command has a ZERO TOLERANCE policy concerning hazing, sexual harassment, and fraternization. This includes bullying, use of foul language, and any negative behavior that takes away from a safe and positive training environment. Transportation costs for anyone dismissed from training rest with the parents or home unit.

V. Manoogian, LCDR, NSCC
Commanding Officer

U. S. NAVAL SEA CADET CORPS
PACIFIC SOUTHWEST REGION

Standing Orders

These orders are to remain in effect for the duration of the training unless modified by competent authority. Failure to obey them will be regarded as a breach of discipline and will subject you to disciplinary action.

1. All cadets will rise at reveille. You will rise promptly and put on the uniform of the day. You will clean and square away your company area in preparation for morning inspection. You will be ready for muster at the appropriate time. Staff Cadets and Officers will rise 10 minutes prior to trainees.
2. You will be present at every muster and in the proper uniform of the day unless excused by the proper authority.
3. You will maintain proper military bearing at all times and observe all military customs and courtesies.
4. You will stand all assigned watches in a military and seamanlike manner.
5. You will not leave the assigned training area or berthing area without the approval of proper authority.
6. You will observe the chain of command. You will initiate requests and reports by addressing your squad leader.
7. You will at all times display due regard for the health, welfare, and safety of yourself and your shipmates.
8. You will not pretend to be ill or injured.
9. You will not embarrass or degrade another person.
10. There will be no smoking.
11. You will not fight or engage in skylarking.
12. The use of illegal or controlled substances is prohibited.
13. You will not leave any electrical appliances unattended while plugged into a circuit.
14. No trainee will be out of their bunks between lights out and reveille unless they are on watch, using the restroom (head) or with approval of proper authority. Staff Cadets will observe lights out one hour after trainees.
15. Staff will remain in uniform while in a duty status.
16. All trainees will respect and observe "out of bounds" notices and "off limits areas" throughout the barracks.
17. Trainees may not use phones.
18. You will not loiter on the quarterdeck. All trainees on the quarterdeck will be in the uniform of the day.
19. All meals will be eaten as a company unless excused by proper authority.
20. Forms of address:
 - *The Commanding Officer will be addressed as Captain, Skipper, or by rank and name.
 - *The Executive Officer will be addressed as Commander or by rank and name.
 - *All other officers will be addressed by rank and name. (EX: LCDR O'Riley, Ensign Collins, Instructor Gorman)
 - *Chief Petty Officers will be addressed as CHIEF.
 - *Company Commanders will be addressed as CC.
 - *Assistant Company Commanders will be addressed as ACC.
 - *All other staff cadets will be addressed by rank and name. (EX: Petty Officer Brown, Seaman Smith)
 - *Recruits will be addressed as Recruit (last name) (EX: Recruit Johnson)

NOTICE

This form, used as a supplement to the Report of Medical History, is **MANDATORY** for all Cadets who are currently taking medication and will report to training with prescription and/or non-prescription (over the counter) medications. Cadets may bring prescription and non-prescription medication to training as long as the medication is not for a contagious illness or physical condition that would normally preclude his/her full participation in rigorous physical activity. Medication must NOT have expired. This form is to be used in conjunction with the current report of Medical History when screening cadets prior to attending "ALL" trainings for those taking medications.

THE INFORMATION YOU PROVIDE MUST BE ACCURATE AND COMPLETE. If the cadet is taking prescription medications, a qualified medical provider must endorse this document in Section 10, confirming the accuracy of the prescription information provided. Medical provider signature for OTC medications is NOT REQUIRED; parent signature is sufficient for OTC medications.

Commanding Officers of Training Contingents (COTC) and Senior Escort Officers (SEO) retain the obligation and right to deny acceptance for training to any Cadet if upon review of the Report of Medical History and this document, it is determined that the Cadet is not physically and/or medically qualified (without ADA accommodation). This includes a determination that they do not have sufficient or qualified personnel to administer required medications. Parents/Legal Guardians should be consulted before making these type determinations.

1. PERSONNEL INFORMATION

1a. Last Name	1b. First Name	1c. MI	1d. Social Security Number
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2. TRAINING INFORMATION

2a. Training Code	2b. Training Start Date	2c. Training End Date	2d. Training Days	2d. Training Location
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3. PACKAGING AND LABELING REQUIREMENTS

3a. Prescription Medication <ul style="list-style-type: none"> Must be in the original container from the pharmacy or manufacturer. Must have a complete prescription label attached to the container. The container will only contain the medication it is labeled for. The Cadet must be the person prescribed the medication and his or her name must appear on the prescription label. 	3b. Non-Prescription Medication (Over the Counter) <ul style="list-style-type: none"> Must be in the original container from the manufacturer. Must have a complete manufacturer's label attached to the container identifying the contents and directions for use. The container will only contain the medication it is labeled for.
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4. PRESCRIPTION OR NON-PRESCRIPTION MEDICATION *(Use additional documents if more than three medications are provided)*

4a. Name of Medication	4b. Strength	4c. Total Quantity Required	4d. Total Quantity Sent
4e. Storage (Use Block 7, if necessary) <input type="checkbox"/> Refrigerate <input type="checkbox"/> Child-Proof Cap <input type="checkbox"/> Other:	4f. Frequency and Dosage (check one) <input type="checkbox"/> As needed, as labeled <input type="checkbox"/> On schedule, as labeled <input type="checkbox"/> Other: See Block 4l and/or Block 7		
4g. Prescribing Provider Name	4h. Prescribing Provider Phone Number	4i. Prescribing Provider Phone Number (alternate)	
4j. Reason for medication <i>(Describe in detail if necessary)</i>			
4k. Relevant side effects to be observed if any: <i>(Such as reactions to food, dehydration, sun sensitivity, hives, other medication restrictions, decreased balance/motor skills, hyperactivity, concentration, drowsiness, lethargy, etc.)</i>			
4l. List any other important information about this medication since access to medical information or facilities could be delayed due to training activities or location.			
4m. Expected effects if medication is not taken as directed.			

5. PRESCRIPTION OR NON-PRESCRIPTION MEDICATIONS *(Use additional documents if more than three medications are provided)*

5a. Name of Medication	5b. Strength	5c. Total Quantity Required	5d. Total Quantity Sent
5e. Storage (Use Block 7, if necessary) <input type="checkbox"/> Refrigerate <input type="checkbox"/> Child-Proof Cap <input type="checkbox"/> Other:	5f. Frequency and Dosage (check one) <input type="checkbox"/> As needed, as labeled <input type="checkbox"/> On schedule, as labeled <input type="checkbox"/> Other: See Block 5l and/or Block 7		
5g. Prescribing Provider Name	5h. Prescribing Provider Phone Number	5i. Prescribing Provider Phone Number (alternate)	
5j. Reason for medication <i>(Describe in detail if necessary)</i>			
5k. Relevant side effects to be observed if any: <i>(Such as reactions to food, dehydration, sun sensitivity, hives, other medication restrictions, decreased balance/motor skills, hyperactivity, concentration, drowsiness, lethargy, etc.)</i>			
5l. List any other important information about this medication since access to medical information or facilities could be delayed due to training activates or location.			
5m. Expected effects if medication is not taken as directed.			

MEDICAL HISTORY SUPPLEMENTAL

6. PRESCRIPTION OR NON-PRESCRIPTION MEDICATION <i>(Use additional documents if more than three medications are provided)</i>			
6a. Name of Medication	6b. Strength	6c. Total Quantity Required	6d. Total Quantity Required
6e. Storage (Use Block 7, if necessary) <input type="checkbox"/> Refrigerate <input type="checkbox"/> Child-Proof Cap <input type="checkbox"/> Other:	6f. Frequency and Dosage (check one) <input type="checkbox"/> As needed, as labeled <input type="checkbox"/> On schedule, as labeled <input type="checkbox"/> Other: See Block 6l and/or Block 7		
6g. Prescribing Provider Name	6h. Prescribing Provider Phone Number	6i. Prescribing Provider Phone Number (alternate)	
6j. Reason for medication <i>(Describe in detail if necessary)</i>			
6k. Relevant side effects to be observed if any: <i>(Such as reactions to food, dehydration, sun sensitivity, hives, other medication restrictions, decreased balance/motor skills, hyperactivity, concentration, drowsiness, lethargy, etc.)</i>			
6l. List any other important information about this medication since access to medical information or facilities could be delayed due to training activities or location.			
6m. Expected effects if medication is not taken as directed			
7. REMARKS (please include comments as required by Blocks 4, 5 and/or 6. Also provide any other medical history that you or your physician deems important)			
8. STATEMENT OF UNDERSTANDING AND CONSENT			Parent/Guardian Initial Below
8a. During the NSCC/NLCC training evolution, NSCC medical personnel on duty and/or assigned NSCC staff members have my permission to administer the medication listed in Block 4, Block 5 and/or Block 6. I understand that all medications provided to the NSCC training contingent staff, must be in the original medication bottle containing all of the information required by Block 4, 5, and/or 6.			
8b. I give consent to the NSCC staff to contact the medical provider as needed for clarification with regard to medications listed and the conditions for which the medication is prescribed. The medical provider has been notified that the NSCC is authorized to obtain medical/prescription information if necessary.			
8c. I understand that all medications will be collected at the beginning of training and administered to the Cadet based on dosing instructions on the medication bottle/package. In no instance will Cadets be allowed to self-medicate with any medication whether it is over the counter or prescription. I understand I must provide the required amount of medication needed for the entire duration of the training evolution.			
8d. I understand that the Commanding Officer of the Training Contingent (COTC), and/or National Headquarters (NHQ) retains the authority to not accept and/or terminate Cadet's training at any time due to medical/other reasons. If terminated, parent agrees to immediately pick up their son/daughter upon notification by the COTC and/or training staff.			
9. AUTHORIZATION AND RELEASE			
I certify that, to the best of my knowledge, the information provided is true and accurate and I have disclosed all pertinent medical history. Furthermore, I authorize the Naval Sea Cadet Corps, its agents, officials, and training staff members, to dispense medication listed on this authorization and I "Hold Harmless" the Naval Sea Cadet Corps from any and all liability, actions, or causes of action for damages or injury that may arise, directly or indirectly, from my child's use of medication while participating in Naval Sea Cadet Corps activities. I understand that training staff members may not be medical professionals and that medication will be dispensed according to the manufacturer's instructions and/or the instructions I provided on this authorization.			
9a. Name of Parent/Guardian (Type or Print)	9b. Signature	9c. Date (DD MMM YY)	
10. ENDORSEMENTS			
I have reviewed the medical record of this cadet and certify that the medications listed on this form are true and correct as prescribed and that this cadet is physically able to attend the listed training evolution.			
10a. Name of Medical Provider (Type or Print)	10b. Signature	10c. Date (DD MMM YY)	
I certify that I have reviewed the above information and the Cadet listed on this form is physically able to attend the listed training evolution.			
10d. Name of Commanding Officer (Type or Print)	10e. Signature	10f. Date (DD MMM YY)	